

STEM on the Farm

IMMERSIVE + EXPERIENTIAL

We offer learning experiences in an outdoor classroom setting for schools and community groups.

A wide array of lessons provide memorable hands-on learning to complement school curricula and boost the likelihood of students' academic success and educational attainment. **STEM ON THE FARM THEMES INCLUDE:** How Plants Grow, Farm to Table, and Native Plants & Ecosystems

Staff certifications include Life Lab Outdoor Educators, Missouri Master Naturalist, and Illinois Master Gardener. Tour our newly accredited Arboretum to enjoy and learn about our beautiful shrubs and trees.



Volunteerism



Seeds of Hope Farm is a great place for individuals and groups to volunteer!

- **Bring home a share of the harvest**
- **Meet new friends**
- **Learn to garden**
- **Fresh air, sunshine, and exercise**
- **Support a good cause!**

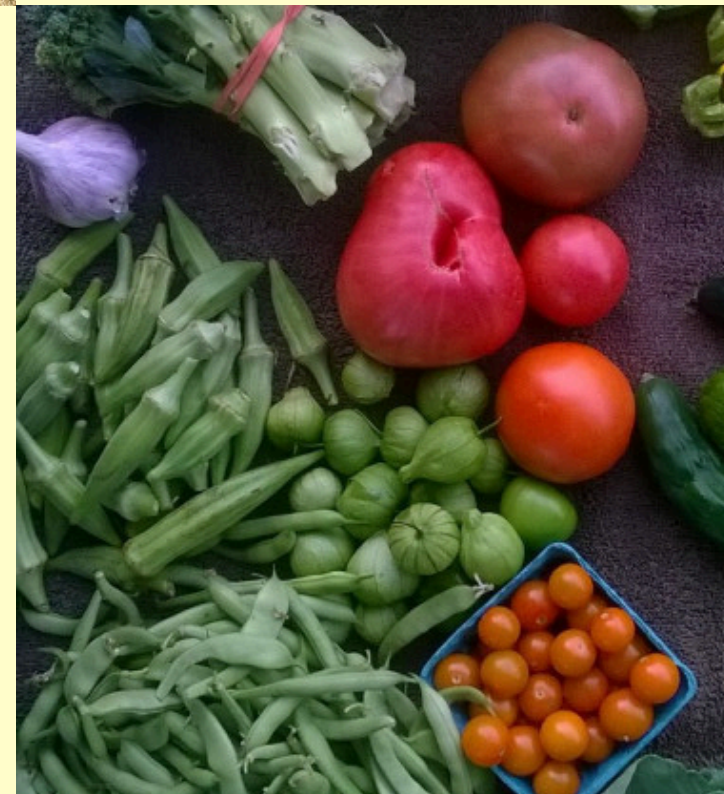
Come get your hands dirty with us!
Contact Farmer Randy at
rtempel@caastlc.org / 314.614.0412

Our Fresh Produce

We distribute fresh organically grown fruits and vegetables to families through

- **CAASTLC's food pantry**
- **farm share pick-up platform serving low-income subscribers**
- **our volunteers**
- **class attendees**
- **and special events like our Fall Festival and Easter Egg Hunt**

This project/program is funded 100% at \$142,000 with federal funds received from the U.S. Department of Health and Human Services provided by the Missouri Department of Social Services.



Hands-on Cooking

We partner with Lincoln University Cooperative Extension and MU Extension to host free cooking classes to empower families to add more fresh vegetables to their diet.

See our calendar of events at:
seedsofhopefarm.org/upcoming-events/



Gardening Classes



We help people to grow some of their own food by sharing plants, tools, and soil, and hosting free gardening classes on a variety of topics:

Budget-friendly Gardening
Spring, Summer, and Fall workshops
How to Control Pests and Weeds
Spring Lawnmower Tune-ups
Raised Bed Gardening



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CAASTLC
Community Action Agency of St. Louis County, Inc.

**SEEDS OF
HOPE
FARM**

Rooted in Spanish Lake in north St. Louis County, we are a unique community anchor, growing space, and outdoor classroom that increases food security, enhances healthy cooking skills, and teaches fruit and vegetable gardening.

1120 Trampe Ave.
behind St. Peter's Lutheran Church
Spanish Lake, MO 63138
seedsofhopefarm.org | caastlc.org

